Topic: Joseph and the Dreams/ Journey to Egypt

Family Small Group for FHC Cycle Week 1.5 (October 8, 2023)

1. Opening Prayer

Pray this prayer morning and night or more or the next 2 weeks to help your student learn it.

2. Story Time

Read the bible story below in your Illustrated Children's Bible.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on Earth as it is in Heaven.

Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil.

Bible Story: Joseph

- Illustrated Children's Bible, pages 56-71
- If you have other children's bibles at home, you can find the creation story in them and read it too.

Amen

3. Formed Video

Before clicking on the link below, you will want to log in to your FORMED account or be ready with your userid / password to log in after clicking the link below.

https://watch.formed.org/videos/the-ninja-chickens

4. Activity

Practice the 4 A's of Apologizing

Saying "I'm Sorry" can be just as hard as forgiving someone. Take turns practicing the 4 A's of Apology with a parent or sibling for a made up offense and then be sure to offer forgiveness freely like Joseph did with his brothers.

- 1. **Admit** what you did wrong. You need to be specific about what you did. "I ate the last cookie without asking if you wanted one."
- 2. **Apologize** for how your choice affected the other person. "I'm sorry I didn't consider how much you love cookies. Will you forgive me?"
- 3. **Ask** for what you can do to make it up to the person. "I know I can't undo what I did. I can give you the first three cookies when we get some more or something else if you'd rather."
- 4. Alter your choice in the future. "I promise to think of you next time."

5. Sacrament Book Readings

Read through the pages below with your student based on their grade level.

Grades 1-3

Grades 4-6

None

None

Discussion Questions

- 1. Joseph's brothers were afraid he would not forgive them for how they treated him. Have you ever been afraid of asking someone to forgive you for the way you treated them or something you did that affected them?
- 2. When Ryan Defrates was carrying his super stink bomb, how did that remind you of carrying around pain when you have been hurt by someone?
- 3. Does it feel better to forgive someone even though it is really hard? Why or why not?

5. Closing

As a family, discuss your current prayer intentions and take a moment to pray together.