Topic: Crossing the Red Sea/ The Ten Commandments

Family Small Group for FHC Cycle Week 1.8 (November 5, 2023)

1. Opening Prayer 2. Story Time Pray these prayers morning and night or more or the Read the bible story below in your Illustrated Children's next 2 weeks to help your student learn it. The Lord's Prayer Bible Story: Joseph Our Father, who art in heaven, hallowed be thy name. Illustrated Children's Bible: Crossing the Red Thy kingdom come, thy will be done, on Earth as it is in Sea pages 91-97, The Ten Commandments Heaven. pages 98-105 Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. Amen **Hail Mary** Hail Mary, full of grace, the Lord is with you. Blessed art thou among women, and blessed is the fruit of your womb Jesus. Holy Mary, mother of God, pray for us sinners, now and at

3. Formed Video

Amen

Before clicking on the link below, you will want to log in to your FORMED account or be ready with your userid / password to log in after clicking the link below.

https://watch.formed.org/videos/the-ten-commandments-brother-francis

4. Activity

Can you part the "Red Sea"?

Items needed: A large bowl or 9x13 cake pan, water, small figures of people or animals (if you have them)

1. Pour water into the container

the hour of our death.

- 2. In our Bible story, God caused the Red Sea to part so the Israelites could walk on dry land. Can you part the water? Try using your hands. Did that work?
- 3. Try using something else. What did you use?
- 4. Can you think of another time God stopped water for the Israelites? (Read Joshua 3:1 4:24)
- 5. Anytime God uses water to save his people (think about Noah) it is a foreshadowing of a particular sacrament. Do you know what sacrament that is? Where does that sacrament happen in our church?

5. Sacrament Book Readings Read through the pages below with your student based on their grade level. Grades 1-3 onone The student based on their grade level. Grades 4-6 onone

Discussion Questions

- 1. Crossing the Red Sea required the children of Israel to trust in God. Do you struggle with trusting in the Lord?
- 2. When God gave the children the Ten Commandments, it may seem like it's just a bunch of rules. Do we show our trust in God when we follow His laws?
- 3. Do you show your parents that you trust in them when you follow their rules? Is it hard to follow rules?

5. Closing

As a family, discuss your current prayer intentions and take a moment to pray together.