Topic: First Reconciliation

Family Small Group for FHC Cycle Week 1.13 (December 10, 2023)

1. Opening Prayer Pray these prayers morning and night or more over the next 2 weeks to help your student learn it.	2. Story Time Read the bible story below in your Illustrated Children's Bible.
The Lord's Prayer	Bible Story
Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on Earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. Amen	No bible story this week.
Hail Mary Hail Mary, full of grace, the Lord is with you. Blessed art thou among women, and blessed is the fruit of your womb Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen	

3. Formed Video

Before clicking on the link below, you will want to log in to your FORMED account or be ready with your userid / password to log in after clicking the link below.

• Signs of Grace for Children: How to Make a Great Confession

4. Activity

Practice Going to Confession

Materials needed:

- Your My Guide to Reconciliation booklet (we received these at a Sanctuary Lesson a while ago)
- Small box or paper bag
- Slips of paper with pretend sins written on them

What to do:

- Put the slips of paper with sins written on them in the small box or paper bag.
- You and your student sit in two chairs (bonus points if you want to practice confessing behind a veil!)
- You are playing the part of the priest and they are playing the confessor.
- Have them pull a slip of paper from the paper bag or box and "confess" that sin. They can confess as many sins as they would like.
- Ask them to state an Act of Contrition.
- Give a pretend penance and have them walk away and remember the penance. Then do it.
- Have fun with it and maybe swap parts so they can pretend to be the priest.
- The idea is to ease their nerves about going into the confessional for the first time.
- When you're at church, show them the confessional and let them ask all the questions they might have.

5. Sacrament Book Readings

Read through the pages below with your student based on their grade level.

Grades 1-3

Loyola Reconciliation Chapter 4 pgs 31-40

Grades 4-6

 Loyola Intermediate Reconciliation and Eucharist Chapter 6 pgs 27-30

Discussion Questions

- 1. Are you nervous about making your first confession? If so, why?
- 2. The sacrament of Reconciliation (confession) is a gift of mercy from God. Can you think of times when people have been merciful to you? Was that scary?
- 3. What can you do to make going to confession feel less scary?

5. Closing

As a family, discuss your current prayer intentions and take a moment to pray together.