

Topic: Confirmation: Consecrated for a Mission / Receive the Holy Spirit

Family Small Group for Confirmation Week 2.16 (January 29th, 2023)

Parent Resources

These resources are used in the lesson in some way. Parents, consider reading them before doing the lesson with your student. Otherwise, read them within the lesson with your student when directed to do so.

Catechism Readings: *Catechism for Adults*, Chapters 9 and 16

- The Effects of Confirmation (p. 207)
- The Mission and Witness of the Confirmed (p. 207-209)

Confirmed in the Spirit:

- Unwrapping the Gifts of the Spirit, p. 53-56

1. Opening Prayer (read together)

A Prayer for the Seven Gifts of the Holy Spirit

Lord Jesus Christ, send down your Spirit upon me.
When I am uncertain, grant me wisdom.
When I am confused, grant me understanding.
When I am ignorant, grant me knowledge.
When I am wandering, grant me counsel.
When I am afraid, grant me fortitude.
When I am separated from you, grant me piety.
When I am selfish, grant me the fear of the Lord.
I ask for an outpouring of your Spirit with all of these gifts
in your name.
Amen.

2. Personal Connection

Parents- Reflect on then discuss the following:

When have you felt the Holy Spirit guide you in your life? How did you know it was the Holy Spirit?

After sharing, ask your student:

Have you ever felt the Holy Spirit guide you? How might being sealed with the seven gifts of the Holy Spirit at your Confirmation help your spiritual life?

3. Activity

A Roll of the Dice

For this activity, you will need a **six-sided die** and one **gameboard**. A gameboard can either be printed (a copy to print is available at the end of this document) or can be drawn on a blank piece of paper.

Directions:

- Form two teams (if playing with two people, one person teams are fine).
- When it is your turn, roll the dice. Each number on the dice represents a different question that must be answered (see chart below).
- On your turn, you must add a new answer to that question on the gameboard. If you add a new answer, give your team one point, however, if you cannot provide a new answer to the question, the other team gets to try. If they answer the question, they get a point and your turn is over.
- The next team rolls the dice, answers a question, etc.
- Once a category is complete, if a team rolls that question's number, they get an automatic reroll.
- Continue to play until the gameboard is full **OR** neither team can answer any additional questions **OR** at least three rounds of play.
- For blanks remaining at the end of the game, here is where answers can be found:
 - **Sacraments** *Confirmed in the Spirit* p. 102
 - **Gifts of the Holy Spirit** *Confirmed in the Spirit* p. 100
 - **Symbols of the Holy Spirit** (link to [Archdiocese of St. Paul and Minneapolis website](#))
 - **Ten Commandments** *Confirmed in the Spirit* p. 97
 - **Fruits of the Holy Spirit** *Confirmed in the Spirit* p. 100
 - **Beatitudes** *Confirmed in the Spirit* p. 98

ONE	Name a sacrament of the Catholic Church (seven possible answers)
TWO	Name a Gift of the Holy Spirit (seven possible answers)
THREE	Name a Biblical symbol of the Holy Spirit (about ten possible answers)
FOUR	Name one of the Ten Commandments (ten possible answers)
FIVE	Name a Fruit of the Holy Spirit (twelve possible answers)
SIX	Name one of the Beatitudes (eight possible answers)

4. Discussion Questions (writing down answers prior to discussion may encourage deeper conversations)

- Confirmation is considered one of the Catholic sacraments of initiation. When you are confirmed, what are you being initiated into?
- Read “The Effects of Confirmation” (*Catechism for Adults* p. 207) and fill in the following blanks. “The person being confirmed is sealed with the _____. This seal is called a *character*, marking the person _____ as called to fulfill the Church’s _____ in all the circumstances of life” (p. 207).
- Open *Confirmed in the Spirit* to pg. 53-56 and read “Unwrapping the Gifts of the Holy Spirit.” Which of the seven Gifts of the Holy Spirit help you to *know* God’s will and which Gifts help you *do* God’s will?
- In the *Catechism for Adults*, read “The Mission and Witness of the Confirmed” (p. 207-209). Once confirmed, how will the seven Gifts of the Holy Spirit guide your life both inside the Church and beyond?
- Confirmation seals you with the Gifts of the Holy Spirit which will help you discern God’s mission for your life. How will you make the time and space to listen to God’s will in your life now and in your future? Give one specific example.

5. Closing

Sunday Sanctuary Lesson Reflection:

What moved you the most from Fr. Tilley’s explanation of confession or Elise’s talk on Confirmation? Why are you looking forward to your Confirmation?

End in Prayer:

As a family, discuss your current prayer intentions and take a moment to pray together.

A Roll of the Dice Gameboard

Team One Score: _____

Team Two Score: _____

Name a sacrament of the Catholic Church	Name a Gift of the Holy Spirit	Name a symbol of the Holy Spirit	Name one of the Ten Commandments	Name a Fruit of the Holy Spirit	Name one of the Beatitudes
1.	1.	1.	1.	1.	1.
2.	2.	2.	2.	2.	2.
3.	3.	3.	3.	3.	3.
4.	4.	4.	4.	4.	4.
5.	5.	5.	5.	5.	5.
6.	6.	6.	6.	6.	6.
7.	7.	7.	7.	7.	7.
		8.	8.	8.	8.
		9.	9.	9.	
		10.	10.	10.	
				11.	
				12.	