Topic: First Communion

Family Small Group for FHC Cycle Week 1.20 (February 25, 2024)

1. Opening Prayer Pray this prayer morning and night or more over the next 2 weeks to help your student learn it.	2. Story Time Read the bible story below in your Illustrated Children's Bible.
The Confiteor	Bible Story
I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (and, striking their breasts, they say:) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary, ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God. Amen	Illustrated Bible none

3. Formed Video

Before clicking on the link below, you will want to log in to your FORMED account or be ready with your userid / password to log in after clicking the link below.

https://watch.formed.org/videos/the-bread-of-life-celebrating-the-eucharist

4. Activity

Adoration is a beautiful way to encounter Jesus. Blessed Imelda enjoyed adoration a lot. Our church has several opportunities to adore Jesus in the Eucharist. Your activity this week is to find a time to go with your family and be with Jesus for at least 15 minutes.

Here's some opportunities:

- Wednesday evenings from 6-8 Jesus is present for adoration in the church
- Any time before or after mass. Did you know that our tabernacle has a special door you can open and
 Jesus is present in the Eucharist for adoration? Just go behind the wall behind the altar to the
 adoration chapel and have an adult open the door of the tabernacle for you. Remember to close the
 door when you are done visiting Jesus.

Just remember that Jesus is truly present in the Eucharist. Make sure to show him the respect He deserves when you are with Him. He really wants you to come visit with Him!

5. Sacrament Book Readings Read through the pages below with your student based on their grade level.	
Grades 1-3	Grades 4-6
• none	none
Discussion Questions	

Discussion Questions

- 1. Why did the grape who cut itself from the vine shrivel up and die?
- 2. The Eucharist is truly the body and blood of Jesus. Jesus tells us this. Find your family bible. Read the following verses: Matthew 26:26-28, Mark 14: 22-24, Luke 22:19-20. Do any of these words sound

familiar? Talk about where you have heard these words before.

3. Blessed Imelda loved the Eucharist so much. Why do you think she loved the Eucharist so much?

5. Closing

As a family, discuss your current prayer intentions and take a moment to pray together.