

Topic: The Welding Process: Sacraments of Initiation

Family Small Group for Confirmation Week 2.17 (March 2, 2025)

Parent and Student Resources	
The resources listed below will be used in some capacity throughout the lesson. Please read them when prompted.	
Student Resources	Parent Resources
<p>A Well Built Faith:</p> <ul style="list-style-type: none">Chapter 9, <i>The Welding Process: Sacraments of Initiation</i> (pg 63-74) <p>Formed:</p> <ul style="list-style-type: none"><i>Symbolon for Teens: "Baptism & Confirmation"</i>, Episode 1	<p>Deep Dive: <i>Catechism for Adults</i>, Chapters 9 and 16</p> <ul style="list-style-type: none">The Effects of Confirmation (p. 207)The Mission and Witness of the Confirmed (p. 207-209)
1. Opening Prayer (read together)	2. Personal Connection
<p>A Prayer for the Seven Gifts of the Holy Spirit</p> <p>Lord Jesus Christ, send down your Spirit upon me. When I am uncertain, grant me wisdom. When I am confused, grant me understanding. When I am ignorant, grant me knowledge. When I am wandering, grant me counsel. When I am afraid, grant me fortitude. When I am separated from you, grant me piety. When I am selfish, grant me the fear of the Lord. I ask for an outpouring of your Spirit with all of these gifts in your name. Amen.</p>	<p>Parents- Reflect on then discuss the following:</p> <p>When have you felt the Holy Spirit guide you in your life? How did you know it was the Holy Spirit?</p> <p>After sharing, ask your student:</p> <p>Have you ever felt the Holy Spirit guide you? How might being sealed with the seven gifts of the Holy Spirit at your Confirmation help your spiritual life?</p>
3. Formed Video	
Watch on Formed Symbolon for Teens: "Baptism & Confirmation", Episode 1	
4. Discussion Questions (writing down answers prior to discussion may encourage deeper conversations)	
<ol style="list-style-type: none">Confirmation is considered one of the Catholic sacraments of initiation. When you are confirmed, what are you being initiated into?Confirmation seals you with the Gifts of the Holy Spirit which will help you discern God's mission for your life. How will you make the time and space to listen to God's will in your life now and in your future? Give one specific example.How are the sacraments of baptism and confirmation related to one another?	
5. Closing	
As a family, discuss your current prayer intentions and take a moment to pray together.	