

# Topic: Steamrollers: Sacraments of Healing / Measure Twice, Cut Once: Conscience and Moral Decision Making

Family Small Group for Confirmation Week 2.21 (March 30, 2025)

Parent and Student Resources	
The resources listed below will be used in some capacity throughout the lesson. Please read them when prompted.	
Student Resources	Parent Resources
<p><b>A Well Built Faith:</b></p> <ul style="list-style-type: none"> <li>Chapter 10, <i>Steamrollers: Sacraments of Healing</i> (pg 75-84)</li> <li>Chapter 15, <i>Measure Twice, Cut Once: Conscience and Moral Decision Making</i> (pg 123-128)</li> </ul> <p><b>Formed:</b></p> <ul style="list-style-type: none"> <li><i>Symbolon for Teens</i>: "A Catholic Moral Vision", Episode 6</li> <li><i>Real + True</i>: "What does the Catholic Church say about Freedom and Morality?", Episode 2</li> <li><b>Optional:</b> <i>Real + True</i>: "The Relationship Between Choice, Emotion, and Logic", Episode 3</li> </ul>	<p><b>Deep Dive:</b> <i>Catechism for Adults</i>, Ch. 33</p> <ul style="list-style-type: none"> <li>The Morality of the Heart pg. 441</li> <li>Modesty pg. 441-442</li> <li>Recovering Modesty pg. 442-444</li> </ul>
1. Opening Prayer (read together)	2. Personal Connection
<p><b>Prayer for Purity of Body and Mind</b></p> <p>Lord, Set aflame my heart and my entire being with the fire of the Holy Spirit, that I may serve you with a chaste body and pure mind. Through Christ our Lord. Amen.</p>	<p><b>Parents-</b> Reflect on then discuss the following:</p> <p><b>After sharing, ask your student:</b></p>
3. Formed Video	
<p><b>Watch on Formed</b> <a href="#">Symbolon for Teens: "A Catholic Moral Vision", Episode 6</a>  <a href="#">Real + True: "What does the Catholic Church say about Freedom and Morality?", Episode 2</a>  <b>Optional:</b> <a href="#">Real + True: "The Relationship Between Choice, Emotion, and Logic", Episode 3</a></p>	
4. Discussion Questions (writing down answers prior to discussion may encourage deeper conversations)	
<ol style="list-style-type: none"> <li>After having watched "A Catholic Moral Vision", how can you best follow the path to happiness as revealed by God?</li> <li>Who has been a major influence in your life in terms of forming your conscience? In what way?</li> <li>How has your conscience helped you to "live in God's beatitude"?</li> </ol>	
5. Closing	
As a family, discuss your current prayer intentions and take a moment to pray together.	