

Topic: Who's the Boss?: Scripture and Tradition

Family Lesson for Confirmation Week 1.9 (November 23rd, 2025)

Parent and Student Resources

The resources listed below will be used in some capacity throughout the lesson. Please read them when prompted.

Student Resources

A Well Built Faith

- Chapter 3, pg 12-24: *Who's the Boss?: Scripture and Tradition*

Formed:

- [Real + True: The Big 3: Scripture, Tradition, and the Magisterium](#)
- [Real + True: Is there a plan for my life?](#)
- [Real + True: What is the Creed and Why is it Important?](#)

Parent Resources

Deep Dive: Catechism for Adults

- Chapter 3-4, pg. 21-47

1. Opening Prayer (read together)

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen.

2. Personal Connection

Parents- Reflect on, then discuss the following:

How has Scripture played a role in your faith life?

After sharing, ask your student:

What are your favorite Bible stories? Why?

3. Formed Video

[Real + True: The Big 3: Scripture, Tradition, and the Magisterium](#)

[Real + True: Is there a plan for my life?](#)

[Real + True: What is the Creed and Why is it Important?](#)

4. Activity

Roll to Play! (you'll need a 6-sided die for this activity)

Each family member will take a turn rolling the dice. The number it lands on will tell you which question you have to answer. The game is over once all numbers have been rolled at least once. Not sure of an answer? Look up the answer as a family! No dice? Just take turns answering each question until you need to start looking up the answers. **Ready? Let's roll!**

1. Name a sacrament
2. Name one of the Ten Commandments
3. Name a Fruit of the Holy Spirit
4. Name a Mystery of the Rosary
5. Name a Beatitude
6. Name a Gift of the Holy Spirit

(Gifts and Fruits of the Holy Spirit can be found on pages 68-69 of *A Well-Built Faith*)

4. Discussion Questions (writing down answers prior to discussion may encourage deeper conversations)

1. What does authority mean?
2. Read *A Well-Built Faith* Chapter 3. If something is not in the Bible, does that mean that it is not true?
3. In your own words, what is Catholic Tradition?

5. Closing (choose one or both)

As a family, discuss your current prayer intentions and take a moment to pray together.