

Beatitude Descriptions

Description #1

This Beatitude has nothing to do with having a lot of material things like lots of toys, lots of clothes, live in a big house, have a car for every member of the family, go on fancy vacations. It means you place God and others above yourself. It means you do not think you are better than others. It means you cannot do anything without God's help. When we admit we need God, He is happy to help us because He loves us.

Examples of this Beatitude are:

- Asking your friend to help you with a difficult homework.
- Asking your parents for advice with a difficult situation.
- Not getting attached to things.
- Not placing more importance on things than you should have.
- Having an attitude of gratitude.
- Being thankful for all the blessings God has given you.

In simple terms: Happy is the person who realized that they need a Savior because they cannot save themselves, for the kingdom of heaven is their home.

Description #2

This Beatitude means you're doing the right thing because that is what we do as a follower of Jesus. Sometimes, people might not like it when you do the right thing, and they might say mean things or do mean things to you. That's like being 'persecuted' for doing what's right. When we do the right thing even though it may be hard, we are making God's greatness known to others.

Examples of this Beatitude are:

- If you see someone being bullied and you stand up for them, even if the bully gets mad at you, you're doing the right thing.
- If you share your favorite toy with a friend, and they don't share back, you are still being kind and doing what's right, even if they don't do the same.
- You find money on the playground. Your friend wants you to keep it and buy candy after school. You take it to your teacher and turn it in. Your friend is mad at you.
- You walk to the lunch table with a new friend. Your old friends invite you to sit at the table they are at but they only have room for one. You walk with your new friend to another table even though your old friends give you a mean look.
- You pick up trash while walking down the street with your friend. Your friend makes fun of you.
- You take time to hug your brother/sister in the hallway at school because you know they are having a bad day. Everyone behind you complains.

In simple terms: People who are hurt, suffer or are treated badly because they have done right, can be happy knowing that they will have the kingdom of heaven to look forward to.

Description #3

This Beatitude talks about all those who are sad, experiencing a loss of any kind, or are suffering in any way. Often our own sins and the sins of others can lead us to being sad, suffering, or experiencing a loss. When we suffer, we have a choice to make. We can become angry or bitter, or we can become more caring and understanding to others in pain. God is the ultimate comforter, and we will be comforted when we are sad or suffer.

Examples of this Beatitude are:

- When you lose your favorite toy
- When you fight with your best friend
- When you can't do something that you love
- Giving a hug to a friend who is sad
- Sitting by a friend who hurt themselves (fell while running, twisted an ankle, hit their head, etc.)
- After realizing we have sinned, we are sad, go to confession and do our penance to make it right.

In simple terms: If you are sad because of bad things that have happened, you can still be content, because Jesus will comfort you.

Description #4

This Beatitude means you are someone who works to make things right. You do something. You take action. You are a "friend fixer." When someone is sad or mad at another person, you try to help them become friends again by being kind to both. You help them understand each other. It means saying nice things all the time, sharing toys, and not picking fights. It means helping everybody feel included.

Examples of this Beatitude are:

- If you see two classmates not talking, you can help by asking them if they want to play together.
- If someone accidentally bumps into you, you can say: "It's okay, that was an accident".
- When you know your brother/sister is upset with you, you talk to them about it without getting angry. You make things right when you know what you did to upset them.
- When you see your mom is tired, you pick up your toys all over the house without her asking you to.
- Your siblings are fighting over a toy. You suggest that you all play a game instead.
- Your dad is upset because the dog is barking while he is working. You offer to take the dog outside to play.

In simple terms: Happy are the people who work to make peace and good for others, for they will be called children of God.

Description #5

This Beatitude means being kind, gentle, and patient, even when things are tough, like a calm puppy who doesn't bark even when they want to play. It's about controlling your actions and not getting angry easily, even if someone does something that might upset you, and instead, choosing to be nice and understanding. It means having strength but using it in a kind way, like a strong person who chooses to help others instead of pushing them around.

Examples of this Beatitude are:

- Sharing your toys with friends and siblings.
- Imagine you are playing on the playground, and someone takes your favorite toy. A person living out this Beatitude would ask nicely for it back instead of getting mad and trying to take it back by force or you might say, "I have played with that for long enough. It is time for you to play with it. Let me know when you are done. Have fun!"
- Helping someone in need.
- You really want to be the first one to the swings on the playground but instead you walk calmly and let others get there first.
- You apologize to a person you've argued with even if you feel you are right.
- Give part of your lunch to someone you know does not have much to eat but do it without them knowing who it came from.

In simple terms: Happy is the person who can control their emotions, for they will be rewarded.

Description #6

This Beatitude talks about how we think and feel on the inside when we are doing the right things, and we do them for the right reasons. It means having good actions with a heart full of love. What we do, we do out of love. We choose to be nice to others even when they aren't nice back, and we don't think bad thoughts about people because of their actions. It is about seeing God first in all situations.

Examples of this Beatitude are:

- Helping others because we want to help them not because we want praise.
- Being kind to everybody because we know God loves everyone and we should too.
- Sharing a pencil with a friend who's pencil broke.
- We avoid watching a TV show that is violent because we want to keep our heart filled with love.
- We say a prayer for the person on the street corner who is asking for help instead of pretending they aren't there.
- After a friend talks mean to us, we say, "I hope your day gets better" and think about what might have happened to make them talk that way.

In simple terms: Happy are the people who not only change their actions and what they do and how they act on the outside but also change their heart on the inside and how they feel, for they will see God.

Description #7

This Beatitude means that we really, really want to do what is right. We love what God loves, and we take a stand against what He does not love. We want to please God with the things we think, say and do. We don't want to see wrongs done in the world, like people being mistreated. This is called justice. We want justice. Another way to think of it is imagine you're really, really hungry for a yummy cookie, like you want it more than anything. Well, living this Beatitude means wanting to do the right thing so much that it feels like you really need to do the right thing, just like the feeling that you really need the cookie!

Examples of this Beatitude are:

- Telling the truth
- Being honest with your parents
- Helping friends make good choices
- Following through with something you said you would do.
- Bringing cookies to a neighbor who is elderly and can't get out of the house often.
- You race another classmate to the front of the line. Your classmate just barely beats you. You say, "Nice race!" and get in line behind them.

In simple terms: Happy are the people who want to do right and know God more than anything else, for God will give them what they want most.

Description #8

This Beatitude means that you are kind and forgiving to others, even when they might have done something wrong. You don't punish other people with you think they may deserve. We are all sinful and we all do bad things. But we are to love one another as we want to be loved. You are like a superhero who is showing mercy, and just like a superhero, good things will happen to you too! It's about being nice to others even when it's hard, and that makes you a special person who can make the world a better place.

Examples of this Beatitude are:

- Think about when someone accidentally bumps into you and says sorry. Being forgiving is like saying "it's okay" and not getting mad at them.
- If your friend drops their lunch and has nothing to eat anymore, being kind means sharing your lunch, even if you are very hungry.
- Saying nice things to someone who is feeling sad is another way to show kindness.
- Forgiving a friend who broke your toy.
- You treat your brother/sister with kindness even though they say mean things to you over and over again.
- You forgive yourself when you forget to do your chores, and you get into trouble.

In simple terms: Happy are the people who are kind and forgiving to other people, for they will be shown kindness and forgiveness too.

The Beatitudes Answer Key

Description #1 is Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Description #2 is Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Description #3 is Blessed are they who mourn, for they will be comforted.

Description #4 is Blessed are the peacemakers, for they will be called children of God.

Description #5 is Blessed are the meek, for they will inherit the land.

Description #6 is Blessed are the clean of heart, for they will see God.

Description #7 is Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Description #8 is Blessed are the merciful, for they will be shown mercy.