

Morality Menu

DIRECTIONS: For each scenario, choose what you **can** do to help the person(s) from the options listed below.

Pray for	Pray with	Invite to the Sacraments (Eucharist/ Confession/ Healing)	Attend/ Invite to Adoration
Invite to mass	Have a mass offered	Submit a prayer request to the parish	Invite to SJB Ministry (SJB YES!, Mom's Group, Men's Group)
Create care packages for those experiencing homelessness	Collect winter coats for kids for Knights of Columbus	Collect school supplies and backpacks for kids through Knights of Columbus	Support a refugee family through Catholic Community Services
Donate items to the SJB Hygiene Pantry	Donate food to the St. Andrew's Food Bank	Donate baby items to the St. Martha's Baby Project	Donate items to W.A.R.M. (clothing for the homeless)
Volunteer to pack or distribute hygiene kits	Volunteer at the St. Vincent de Paul Dining Hall (16+)	Conduct a fundraiser for a Catholic ministry	Collect items to donate to the Feed Utah Food Drive
Inform about Catholic Community Services*	Inform about St. Martha's Baby Project	Inform about St. Vincent de Paul Dining Hall	Inform about St. Andrew's Food Bank and Hygiene Pantry

*Catholic Community Services offers the following services to anyone in Utah despite religion/race/etc.:

- Food and clothing to those experiencing homelessness or poverty, especially those with children
- Immigration and refugee resettlement services, including English language classes and tutors
- Providing help, support, and newborn essentials to new mothers with financial insecurities