



The Sacraments of Healing

Confession

Leviticus

Mark 2:1-12

John 20:19

James 5:13-16





Confession

How to go to Confession

Confession

Examination of Conscience

- **Based on the Ten Commandments**
- **For Children**
- **For Young Adults**
- **For Single People**
- **For Married Persons**



Confession

Common Questions

- Same sins?
- How often should you go?
- Do you have to confess every sin?
- Will the priest tell?



Confession

FORMED™



THE



FR. MIKE SCHMITZ

**CONFESSION IS A
PLACE OF VICTORY**

Who Receives It?

Seriously ill

illness, old age, surgery

Each critical episode

can be received more than once

Before major surgery

danger of death

Elderly & frail

even without acute illness

Minister: Priest or Bishop

CCC 1516

Effects & Graces

CCC 1520-1523 • James 5:15 • Hahn, Lord Have Mercy

01 Strengthens the Soul

Courage & peace to face illness

02 Forgives Sin

If unable to receive Confession

03 Bodily Healing

If God wills it — not guaranteed

04 Union with Christ

Suffering becomes redemptive

05 Church's Prayer

Whole Church intercedes for the sick

06 Viaticum

Final Eucharist: 'food for the journey'

"Is anyone among you sick? Let him call for the elders of the Church..." — James 5:14